Table of Contents

Some Notes About This Resource List: 1
Confirmation Catechetical Materials – Curricula for Preparing Age 9 Candidates 2
Confirmation Catechetical Materials – For Preparing Adolescents & Special Circumstances 4
Supplementary Resources on the Theology of Confirmation: Video Resources 6
Supplementary Resources on the Theology of Confirmation: Audio Resources 10
Supplementary Resources on the Theology of Confirmation: Written Resources 11

Some Notes About This Resource List:

This list is not exhaustive, nor are any of these materials mandated for use in the Archdiocese of Baltimore. However, a threefold set of requirements does remain in force:

- Confirmation Preparation must follow the Confirmation Preparation Framework and consist of a maximum of 6-8 sessions.
- Children's catechesis (including sacramental prep) in the Archdiocese of Baltimore MUST take place within a holistic Family Faith Formation approach, including formation with and for parents. *(In part to facilitate this family-focused approach, all immediate prep for sacraments takes place in the parish/pastorate, NOT in the Catholic school.)*
- Within the particular Family Faith Formation model discerned by the parish/pastorate, approved Family Life Catechesis curriculum MUST be integrated into the catechetical cycle.

If you are interested in using a resource not listed here, simply consult the Office of Family, Youth, and Young Adult Ministry.

- A proposed resource does NOT need to be on the USCCB Conformity List, but it must align with Catholic magisterial teaching.
- Conversely, resources which are approved via the USCCB Conformity List may not be appropriate for your context or integrate well with the required family faith formation approach.

Inclusion on this list is not to be construed as a wholesale endorsement in every time and place. If you would like assistance discerning the best resource to use in your context, please consult the Office of Family, Youth, and Young Adult Ministry.

Disclaimer: All materials referenced here are listed by OFYYAM as a starting point. Parish leaders should always review materials with due diligence and familiarize themselves with the content of a resource before implementing it.

Confirmation Catechetical Materials – Curricula for Preparing Age 9 Candidates

CURRICULUM DETAILS	RECOMMENDATION	Language Notes
NEW: Enkindle Catholic Ministries – ***Confirmation Prep: Receive & Respond*** *(available via the Enkindle Parish Hub)* *+ Additional Family Mini-Retreat on Confirmation in the 8-piece Sacraments series:* "God is With Us & For Us"	**Recommended For Use for 9+:** • Built with the Archdiocese of Baltimore in mind, both in terms of the age age/Confirmation framework and in terms of Family Faith Formation/the Four Dimensions	*Receive & Respond is currently only available in English, but there is a Spanish-language mini-retreat series ("Cosas") that comes along with the Enkindle Hub. Funding assistance for Hub membership available.*
COMING SOON: Pflaum – ***Gifted in the Spirit (official name TBA)*** *(Primary edition) View junior high and senior high editions at: https://www.pflaum.com/confirmation-program/*	**[PENDING]**	*We anticipate this will be available in English and Bilingual editions*
Faith & Family Life Catholic Ministries – ***Pathways Formation Suite: Zeal*** https://www.fflcm.org/zeal	**Recommended For Use for 9+:** • *Ensure that in-person family gatherings are prioritized and parents are well oriented to facilitating the at-home family components* • We would recommend doing more in-person sessions than the Zeal box currently envisions.	*Zeal is currently only available in English (but FFLCM is seeking a grant to translate this box). Some other FFLCM materials are available in both English and Spanish.*
Augustine Institute – ***Signs of Grace: You are Sent*** https://thesignsofgrace.org/you-are-sent/#components Spanish: Signo de la Gracia: Dios te envía https://thesignsofgrace.org/dios-te-envia/	**Recommended For Use for 9+:** • *Videos may be used separately but the written materials are necessary to ensure comprehensive catechesis and family formation, including parent session materials.* • *Parent video sessions with Dr. Brant Pitre could be used to further build out the family component.*	*Available in English and in Spanish.* *Note: Student videos are DUBBED in Spanish, with the exception of session 4 with the bishop, which he recorded once in English and once in Spanish.*

Disclaimer: All materials referenced here are listed by OFYYAM as a starting point. Parish leaders should always review materials with due diligence and familiarize themselves with the content of a resource before implementing it.

Our Sunday Visitor – ***Encounter with Christ: Confirmation*** https://sacraments.osv.com/confirmation	***Recommended For Use for 9+:*** • *Use "Family + Faith: Living and Celebrating Together" pages to create parallel parent experiences.* • *Designed for Restored Order but not explicitly stated in text; dovetails with Reconciliation/Eucharist Encounter with Christ materials*	*Walkthrough of the liturgy includes responses in Spanish and English.* *Materials are generally in English. Series materials for Reconciliation/ Eucharist are available in Spanish. OSV may be open to translating.*
Sadlier – ***Believe, Celebrate, Live: Confirmation for Restored Order*** https://www.sadlier.com/religion/sacrament-preparation/confirmation-restored-order	**Acceptable for 9+:** • *Must be supplemented by significant experiential family components.* • *Designed for Restored Order but not explicitly stated in child's text; dovetails with Believe, Celebrate, Live: Eucharist materials* • *Pastoral Note: Lesson 1 recommends a David Haas song. Haas' history of abuse has been subsequently discovered. It is no longer advisable to use his works.*	Available in English and Bilingual editions
Loyola Press: ***God's Gift: Confirmation*** *(Primary, Restored Order)* https://www.loyolapress.com/faith-formation/sacramental-preparation/gods-gift-2016/restored-order-program-overview/	**Acceptable for 9+:** • *See model in Director materials for 3 lessons divided across 6 gatherings.* • *Must be supplemented by significant experiential family components.* • *Cover indicates this is for Restored Order but child's materials are general enough to be used for age 9.* • *The included retreat focuses on Restored Order and therefore cannot be used as-is. Catechist and Director materials would also need to be adapted.*	Available in English and Bilingual editions

Disclaimer: All materials referenced here are listed by OFYYAM as a starting point. Parish leaders should always review materials with due diligence and familiarize themselves with the content of a resource before implementing it.

Confirmation Catechetical Materials – For Preparing Adolescents & Special Circumstances

Loyola Press – ***Adaptive Confirmation Preparation Kit*** https://www.loyolapress.com/faith-formation/diverse-learners/adaptive-learning-kits/confirmation-about/	**Recommended For Use *<u>For Children, Teens, and Some Adult Individuals with Autism and Other Special Needs</u>*** • *Always work in close collaboration with parents/caregivers when preparing a candidate with special needs.* • *The Office of Life, Justice, and Peace collaborates with OFYYAM on formation for persons with disabilities and can provide specific guidance as needed.*	*Kits available in English & in Spanish.*
Twenty-Third Publications – ***Learning Centers for Confirmation*** https://twentythirdpublications.com/products/learning-centers-for-confirmation	**Recommended For Use *Various Ages*** *As supplementary materials/activities*	
Life Teen – ***Purpose*** *https://purposeconfirmation.com/*	**Acceptable *For adolescents*** *Must be adapted to meet 6-8 session maximum and supplemented by family components (use the Purpose Story Guide & app as a starting point).*	*Translated session materials available.*
YDisciple – ***Never Alone: Life With the Holy Spirit*** *https://ydisciple.com/neveralone/*	**Acceptable *For adolescents*** • *Must be supplemented by significant experiential family components (use parent materials as a starting point).* • *Appropriate to be used for mystagogy for already-Confirmed teens.* • *Can be paired with YDisciple Confirmation Bible Study and/or kerygmatic series "The Invitation"*	*Parent materials in English and Spanish* *Videos can have Spanish subtitles added (request from YDisciple directly)*

Disclaimer: All materials referenced here are listed by OFYYAM as a starting point. Parish leaders should always review materials with due diligence and familiarize themselves with the content of a resource before implementing it.

Ascension – ***Chosen: Your Journey to Confirmation*** https://ascensionpress.com/collections/chosen-your-journey-to-confirmation	**Acceptable **For adolescents**** *Must be adapted to meet 6-8 session maximum and supplemented by family components (use the "Parents Guide" as a starting point for developing those experiences.)*	
Dynamic Catholic – ***Decision Point*** https://www.dynamiccatholic.com/confirmation.html	**Acceptable **For adolescents**** *Must be adapted to meet 6-8 session maximum and supplemented by family components.*	
Loyola Press – ***Confirmed in the Spirit***, including ***Faith to Faith Sponsor-Candidate Magazine*** and ***My Confirmation Journal*** https://www.loyolapress.com/faith-formation/sacramental-preparation/confirmed-in-the-spirit/	**Acceptable **For adolescents**** • *Must be supplemented by significant experiential family components.* • *Magazine and/or journal could be used as supplementary material for adolescent Confirmation with or without the Confirmed in the Spirit text*	Available in English and Bilingual/Spanish depending on the specific component
Sadlier – ***Believe, Celebrate, Live: Confirmation*** https://www.sadlier.com/religion/sacrament-preparation/confirmation	**Acceptable **For grades 7-10**** *Must be supplemented by significant experiential family components.*	*Available in English and Bilingual editions*
Pflaum – ***Gifted in the Spirit*** *(Junior High and Senior High editions)* https://www.pflaum.com/confirmation-program/	**Acceptable **For grades 7-10**** *Must be supplemented by significant experiential family components – use parent-sponsor handouts & other resources as seeds for developing these experiences.*	*Available in English and Bilingual editions*

Disclaimer: All materials referenced here are listed by OFYYAM as a starting point. Parish leaders should always review materials with due diligence and familiarize themselves with the content of a resource before implementing it.

Supplementary Resources on the Theology of Confirmation: Video Resources

Source	Type & Length	Link(s)	Notes / Best For	Cost
Augustine Institute ***"Lectio: Confirmation"*** Presenter: Dr. Brant Pitre www.Formed.org	Video Series *(9 sessions, approx. 35-40 minutes each)*	https://www.augustineinstitute.org/bible-studies/lectio-confirmation https://watch.formed.org/lectio-confirmation	Best for adults. Session 1 "The Misunderstood Sacrament" can stand alone as an excellent primer on the theology of the sacrament. You might suggest that Confirmation team members and parents watch session 1 as you orient your community to the Confirmation age change. Staff members and key volunteers may wish to complete the entire series, or a team might walk through the series together.	Subscription
Real + True ***"What Happens at Confirmation?"*	*"¿Qué sucede en la Confirmación?"*** (& other videos) https://www.realtrue.org/units/confirmation/	Video Series *(brief videos, <10 minutes)*	English: "What Happens at Confirmation?" https://youtu.be/49tLYYagp2Q "Signed, sealed, and confirmed" https://youtu.be/KpELHGQCbGU?si=JSmpLgHvFnluXXB2 "Is Confirmation a graduation from our faith?" https://youtu.be/sYQXg2y-cLw?si=XJ7BW6fXZBLeNtaG	Best for teens and adults, but appropriate for all ages. Most material is also available in Spanish, French, and several other languages. The initial video might be shared on social media to accompany communications about Confirmation or used in the context of a gathered session. Real + True exists to unpack the Catechism of the Catholic Church with videos and accompanying guides and many of their materials are available in multiple languages. Some helpful examples: Spanish: "¿Qué sucede en la Confirmación?" https://youtu.be/NR4pEpVhw_M "Firmado, sellado y confirmado" https://youtu.be/C-gjkW6fviw?si=Shu_fYe0IJrupx60	FREE

Disclaimer: All materials referenced here are listed by OFYYAM as a starting point. Parish leaders should always review materials with due diligence and familiarize themselves with the content of a resource before implementing it.

		"Who is the Holy Spirit?" https://youtu.be/EWlUrpgAhuk?si=bVHDzLvfVdM5HNVg Confirmation Discussion Guide: https://watch.realtrue.org/hubfs/Discussion%20Guides%20-%20English/R+T_Guide-Unit16.pdf	Guía de Discusión (Sobre la Confirmación) https://watch.realtrue.org/hubfs/Discussion%20Guides%20-%20Spanish/R+T_Guide-Unit16-Spanish.pdf French: "Que se passe-t-il à la confirmation?" https://youtu.be/Yvo7y3NGI_g "Signé, scellé et confirmé" https://youtu.be/KKZtLSQHpJY?si=pJEmsWFX2teALwzM	
Catholic Central | Lente Católico ***"Confirmation"* | *"La Confirmación"***	Videos (~ 6:30 each)	English: https://youtu.be/zUn4e4xmo1k Spanish: https://youtu.be/_Ea_Wf_UQLE	Best for preteens and above. This is a basic overview of Confirmation but does not discuss misconceptions or go too deeply into the theology of the sacrament. The Spanish version covers the same material but has different presenters and is "inculturated" appropriately.	FREE
Catholic Productions ***"Confirmation in the Bible" & "Philip and the Sacrament of Confirmation"*** Presenter: Dr. Brant Pitre	Videos (7:00 - 7:30)	https://youtu.be/zQFQTqsgWPM https://youtu.be/8ZAAdlcE2Ac	Best for adults. A scriptural look at the Sacrament of Confirmation. For a more in-depth exploration, see the Augustine Institute "Lectio: Confirmation" series. "Confirmation in the Bible" is also available in audio & transcript form here: https://catholicproductions.com/blogs/blog/confirmation-in-the-bible	FREE

Disclaimer: All materials referenced here are listed by OFYYAM as a starting point. Parish leaders should always review materials with due diligence and familiarize themselves with the content of a resource before implementing it.

Thomistic Institute ***"Aquinas 101" series & other videos*** Various presenters from the Order of Preachers (Dominicans)	Video Series *(< 10 min each)*	"Baptism and Confirmation" "What Happens During the Sacrament of Confirmation?" "How Does Confirmation Prepare Catholics to Witness to Christ?" "The Sacrament of Confirmation Explained with Fr. Cajetan Cuddy, O.P." *(and other videos in the Aquinas 101 series)*	Best for those interested in a deep dive into the systematic sacramental theology of St. Thomas Aquinas.	FREE
Breaking in the Habit ***"Why Are The Sacraments of Initiation in the Wrong Order?"*** ***Presenter: Fr. Casey Cole, OFM***	Video (~11 min)	https://youtu.be/AJ3vsYWSYzE	Best for older teens and adults.	FREE
Sophia Institute: **"Sophia Sketchpad: Confirmation"**	Video (~3.5 min)	https://youtu.be/Lu3MoT_egFI	Best for older children and above.	

Disclaimer: All materials referenced here are listed by OFYYAM as a starting point. Parish leaders should always review materials with due diligence and familiarize themselves with the content of a resource before implementing it.

Ascension Presents/Fr. Mike Schmitz: ***"The 5 Powerful Effects of the Sacrament of Confirmation"***	Video (~8 min)	https://youtu.be/-CjqBia4yRQ	Best for teens and adults.	
Word on Fire: ***"Bishop Robert Barron on Confirmation and Evangelization"***	Video (~11 min)	https://youtu.be/Ynj_nOxC-1Y	Best for older teens and adults.	
Archdiocese of Denver ***"How did the Sacrament of Confirmation end up where it is now?"*** Presenter: Bishop Samuel J. Aquila	Video (~4 min)	https://youtu.be/oUg_5-MSa9w	Best for adults.	FREE
Videos on the Holy Spirit suitable for children: • The Bible Project – "Understand How the Holy Spirit Works in the Bible" https://youtu.be/oNNZO9i1Gjc?si=RlvQz9U95MYgQqNB • Saddleback Kids – "God Sends the Holy Spirit" https://youtu.be/OMQKy1Mx49M?si=G1X-PPe82iNGXo-o • CCC Kids – "What Does the Holy Spirit Do?" (Early Childhood Lesson) https://youtu.be/tUx2pCHTPSQ?si=UmwAgtotnb4ZdhXQ				
Videos that may be helpful for post-Confirmation mystagogy with preteens and above: • *"Discover Your Gifts and Claim Them for Christ (featuring Mari Pablo)" https://youtu.be/YfDM8v73vfk?si=k3OkOTxzCZnhvmcV* • *"What Pentecost Means for the Christian Life (Jackie & Bobby Angel)" https://youtu.be/OBaYT5wrnTs?si=XRD0030tKE1wqXOQ*				

Disclaimer: All materials referenced here are listed by OFYYAM as a starting point. Parish leaders should always review materials with due diligence and familiarize themselves with the content of a resource before implementing it.

Supplementary Resources on the Theology of Confirmation: Audio Resources

Source	Length	Link(s)	Notes / Best For	Cost
Catholic Review Radio Interview with Stacy Golden *(OFYYAM Director)* and Kenn DeMoll *(St. John, Westminster)*	*Approx. 20 minutes*	https://catholicreview.org/radio-interview-archdiocese-of-baltimore-embraces-lower-age-for-confirmation/ Also available on Soundcloud and most podcast apps: https://on.soundcloud.com/XG9kUzWesaWZMgyr6	Anyone who needs to better understand the change in the Confirmation age should listen. To skip the news segment between the interviews of Stacy and Kenn, skip to the 11:00 mark once the interview with Stacy concludes.	FREE
Crash Course Catholicism episode #19 "Confirmation" Host: Emily West	*Approx. 30 minutes*	The Crash Course Catholicism Podcast is available via most podcast apps. Some examples: • YouTube: https://youtu.be/iSehAK4oXl0?si=tEq-Po26sqp6KYYA • Spotify: https://open.spotify.com/show/7AyMBnqHxidtGjTTWSQXXW	Best for adults and teens. This episode ably covers the Catechism's articles on Confirmation as well as clarifying the theology and practice of the sacrament. Highly recommended for anyone who learns well in podcast format.	FREE
Ascension's ***Catechism in a Year episode #177 "The Celebration of Confirmation"*** Host: Fr. Mike Schmitz	*Approx. 20 minutes*	https://media.ascensionpress.com/category/ascension-podcasts/catechisminayear?ppplayer=a31130337b7c2975f5a6b031d0790161&ppepisode=839781c04c7bc4bf74354c0455c54cf5	Best for adults and teens. Fr. Mike Schmitz is known for his conversational style and this episode sits within the popular Catechism in a Year and Bible in a Year series.	FREE

Disclaimer: All materials referenced here are listed by OFYYAM as a starting point. Parish leaders should always review materials with due diligence and familiarize themselves with the content of a resource before implementing it.

Supplementary Resources on the Theology of Confirmation: Written Resources

Written Resources for Further Study
Catechism of the Catholic Church 1285-1231 (see https://www.vatican.va/archive/ENG0015/_INDEX.HTM) • CNA has gathered all the relevant paragraphs here: https://www.catholicnewsagency.com/resource/55057/the-sacrament-of-confirmation-catechism-of-the-catholic-church
Fr. Paul Turner – website includes presentations and blog posts: https://paulturner.org/ Books: • *Confirmation: The Baby in Solomon's Court* https://ltp.org/products/details/HCONB/confirmation • *The Sources of Confirmation* (out of print)
Order of Christian Initiation of Adults (OCIA) Study Edition (available from various publishers) Since the OCIA is meant to be the pattern for all Christian initiation, anyone who works with the sacraments of Baptism, Confirmation, and/or Eucharist should familiarize themselves with its practical norms, rites, and theology.
Dr. Brant Pitre, "Confirmation in the Bible" transcript: https://catholicproductions.com/blogs/blog/confirmation-in-the-bible Also available in video and audio form *(see sections above)*.
Ideas for additional Confirmation-related catechetical/liturgical living activities: • https://www.looktohimandberadiant.com/p/sacraments-and-liturgy.html • https://www.catholicicing.com/?s=holy+spirit • https://www.catholicicing.com/?s=pentecost • https://www.catholicicing.com/fruit-of-the-spirit-resources-for-kids/

Disclaimer: All materials referenced here are listed by OFYYAM as a starting point. Parish leaders should always review materials with due diligence and familiarize themselves with the content of a resource before implementing it.