SUNDAY APRIL 26
Weather permitting, go for a walk and talk about what it was like for the disciples to see Jesus again. How does that help you to see Jesus acting in your life?

MONDAY APRIL 27
John 6:22-29 Bread from Heaven
Jesus says the people looked for him because they wanted something from him. Do I only go to God when I need something? What can I do to serve others today?

TUESDAY APRIL 28
John 6:30-35 Looking for Signs
The people asked Jesus for a sign to prove He spoke the truth. Do you demand signs from God as proof of His love? Say a short prayer for childlike trust in God, our loving, all-powerful Father.

WEDNESDAY APRIL 29
John 6:35-40 The Bread of Life
Jesus speaks of hunger and thirst. For what do you hunger and thirst spiritually? What is something specific you could do to feed someone today who is physically or spiritually hungry?

THURSDAY APRIL 30
John 6:44-51 The Eucharist
Today’s gospel speaks about the Eucharist. How has your faith in the Real Presence of Jesus in the Eucharist changed since your First Communion? What is your first memory of the Eucharist?

FRIDAY MAY 1
John 6:52-59
A dispute takes placeThere is a dispute about Jesus’s teaching on the Eucharist. Jesus begins his reply with, “Truly, truly, I say to you ...” This means he wants to repeat what he said, but with even more emphasis. How is your faith in the Eucharist? Do you receive with confidence?

SATURDAY MAY 2
John 6:60-69 Words of Eternal Life
Some stopped followed Jesus after His teaching on the Eucharist, which they found impossible to understand or accept. As you participate in Mass tomorrow from home, pray that we will be able to receive Jesus in the Eucharist soon.