Reach out to your parishioners individually to let them know they are not alone. Let them know you and the parish are thinking and praying for them. A phone tree is a great way to do this.

- Download a list of all registered parishioners’ names and phone numbers.
- Reach out to your Parish Pastoral Council, staff, and other parish volunteer leaders through online meetings. At the meetings:
  - Pray together
  - Divide the list among the ministry leaders present. Have each commit to calling as many as they can on their list.
  - Ask the group to commit to pray daily for any intentions they receive.
  - Provide the group with a basic list of resources and places to refer folks if they need support, including parish resources.

- Calls to parishioners should focus on the following areas:
  - Ask about how they and their families are doing.
  - Assure them the pastor and whole parish community are with them and praying for them and their needs.
  - Ask for special prayer intentions.
  - Ask if they have everything that they need. Refer them to a helpful resource if possible.

- Schedule another video conference with the group to discuss the outcomes of their conversation with parishioners. At the meetings:
  - Pray together for the intentions you received.
  - Share any specific needs, questions, or desires to connect more with the parish, that require more follow up.
  - Ask ministry leaders to follow up with those who had unmet needs.

- Keep making calls!