This letter or announcement should be personalized for your parish (note the last sentence).

My Dear Friends in Christ,

With assaults on human life increasing at an alarming rate, I am asking you today to make a personal commitment to pray daily for one unborn child who is in danger of being aborted. Unfortunately, since the Roe vs. Wade decision in 1973, the number of abortions has increased to 1.2 million annually. Each of us is being asked to "spiritually adopt" one unknown baby for the next nine months. We will pray for this child that he or she will be carried to term and experience the fullness of life, as God intended.

For just a moment, picture a young woman who just this week discovered that she is seven weeks pregnant. What she may not know is that her baby's heart has been beating for four weeks, it can flex its fingers and toes, suck on his or her thumb and is totally dependent on her. She may not know where to turn. She is considering aborting this baby. She may be under pressure from others and think there is no other option. But many people, like us, do care enough to help her and her baby. All our prayers can make a difference between whether this baby will be born - or aborted. Our prayers can also be a form of spiritual support for both of the baby's parents.

Please take a prayer card placed at the end of each pew and pray the ten-second prayer daily for your "adopted child". You are also encouraged to name your baby and give him or her identity. At the end of the nine-month period we will celebrate the "birth" of our spiritually adopted babies with a baby shower. In this way we can also help, in a very tangible way, the mother as she brings to term a beautiful gift of life. All gifts collected at the shower will be given to (name of local pregnancy center) to help mothers in need.

May God bless you and your loved ones.

Sincerely yours,

**Pastor**