

# Thanksgiving prayers, blessings before the big meal, music, and reflections: Day 6



## ***Introduction:***

In the nine days leading up to Thanksgiving I will share a novena of prayers, reflections, and music selections that may enhance the celebration of this special day with your family and friends.

***Day 6: Today I will share a prayer for persons and families who mourn and grieve the loss of a loved one this Thanksgiving.***

## ***If I Can Stop One Heart from Breaking***

*If I can stop one heart from breaking,*

*I shall not live in vain;*

*If I can ease one life the aching,*

*Or cool one pain,*

*Or help one fainting robin*

*Unto his nest again,*

*I shall not live in vain.*