

Thanksgiving prayers, blessings before the big meal, music, and reflections: Day 6



Introduction:

In the nine days leading up to Thanksgiving I will share a novena of prayers, reflections, and music selections that may enhance the celebration of this special day with your family and friends.

Day 6: Today I will share a prayer for persons and families who mourn and grieve the loss of a loved one this Thanksgiving.

If I Can Stop One Heart from Breaking

If I can stop one heart from breaking,

I shall not live in vain;

If I can ease one life the aching,

Or cool one pain,

Or help one fainting robin

Unto his nest again,

I shall not live in vain.