

# Thanksgiving prayers, blessings before the big meal, music, and reflections: Day 6



## ***Introduction:***

In the nine days leading up to Thanksgiving I will share a novena of prayers, reflections, and music selections that may enhance the celebration of this special day with your family and friends.

***Day 6: Today I will share a prayer for persons and families who mourn and grieve the loss of a loved one this Thanksgiving.***

## ***If I Can Stop One Heart from Breaking***

*If I can stop one heart from breaking,  
I shall not live in vain;  
If I can ease one life the aching,  
Or cool one pain,  
Or help one fainting robin  
Unto his nest again,  
I shall not live in vain.*