

# St. Zita

St. Zita was born into a Christian family near Lucca, Italy, in 1218. At age 12, she became a domestic servant for a family in Lucca. She gave her own food and the food of the family to those who were in need. Although this caused some problems with the family at first, eventually they were won over by St. Zita's goodness. She also visited the sick and the imprisoned, and she attended Mass daily. St. Zita died around 1272, and she is patron saint of servants.