

St. Patrick's Day Shamrock 5K

The Institute for Foot and Ankle Reconstruction at Mercy Medical Center, Baltimore, will serve as the gold sponsor for the 2007 Kelly St. Patrick's Day Shamrock 5K at 1:15 on March 11.

This year's race is presented by Kelly & Associates and benefits the Leukemia & Lymphoma Society, as well as Baltimore's 2007 St. Patrick's Day parade. The course will start at Charles and Franklin Streets and end on Market Place between Pratt and Lombard Streets. Water will be provided at the start and finish lines.

A post race party and awards will be held at the Power Plant Life!. All pre-registered runners will receive a green Brooks Podium Technical short sleeved t-shirt and entry to the post race party. The party includes light refreshments, free beer for runners 21 and over and live music provided by Mr. Greengenes.

Registration is limited to the first 3,500 entrants. For more information please visit Charm City Run online at www.charmcityrun.com or call 410-308-1870. For more information on the Foot and Ankle Reconstruction at Mercy visit www.footandankle@mdmercy.com.