

St. Jane Frances de Chantal

St. Jane Frances de Chantal was born in January 1572 in France. She was married at age 20, had four children and was widowed at age 28. She then took a personal vow of chastity. After meeting St. Francis de Sales, she kept in touch with the saint and became his spiritual student. St. Jane Frances founded Order of the Visitation of Our Lady in 1610 in France, and about 69 other convents were founded under her watch. She died in 1641. St. Jane Frances de Chantal is patron saint of widows and forgotten people.