

St. Erasmus

St. Erasmus was the bishop of Formiae, Campagna, Italy. During Emperor Diocletian's persecution of Christians, St. Erasmus fled and was supposedly fed by a raven in order to keep hiding. The first time he was captured, an angel rescued him. The second time he was captured circa 303, he was martyred and became one of the Fourteen Holy Helpers. The saints in this group are known to be great helpers in times of trouble or sickness. St. Erasmus is patron saint of women in labor, and patron saint against abdominal pain.