

# St. Brigid of Ireland

St. Brigid of Ireland was born in Ireland in 453. She befriended St. Patrick as a child. St. Brigid couldn't bear to see anyone hungry, so she would often give them whatever she could - even if the items belonged to her father. St. Brigid became a nun and started convents all over Ireland. She traveled quite often, which is why she is the patron saint of travelers and sailors.