

St. Blaise

St. Blaise was a physician and a bishop in Armenia. He healed men and animals alike. When a ruler began to persecute Christians, St. Blaise was arrested and thrown into prison for refusing to recant his faith. St. Blaise is said to have saved a child who was choking on a bone while he was in prison, which explains why he is the patron saint of healthy throats. St. Blaise died for his faith around the year 316.