## **St. Albert of Pontida**

St. Albert of Pontida lived in the 11th century. He served as a soldier in the army of Bergamo, Italy. After being wounded in battle, he said he would start a religious life if he healed. When he did recover, he became a Benedictine monk. The saint founded the Abbey of St. James in Pontida and was its first abbot. He died in 1095.