

# Prayers in your inbox



In October, I saw a Facebook ad for “Pray More Novenas,” a service which sends different series of prayer devotions via email. I decided to sign up and am really glad I did.

I’ve completed three novenas and am currently on my fourth. The first was devoted to St. Therese of Lisieux. During that time, a friend’s baby was in shock trauma due to seizures. I asked St. Therese, a child herself, to intercede and now the baby is recovering at home. I like to believe that she helped.

I’m currently praying the Immaculate Conception novena and asking that my unborn child may be protected.

In the chaos of my day, I look forward to the email from Pray More Novenas. It’s my pause button, which temporarily relieves me from the bombardment of questions to answer, temptations to avoid (like online sales), and decisions to make. The novena is my chance to leave my worldly concerns behind to connect with God and His servants.

If you think you’d like to join Pray More Novenas, you can do so [here](#).