Our Lady of Mount Carmel

Today is the feast of Our Lady of Mount Carmel. The history behind this feast begins in the 13th century when the Carmelites were being persecuted. While praying, the general of the order, St. Simon Stock, had a vision of the Blessed Virgin Mary. She handed him a scapular, explaining that it was a sign of salvation and a promise of peace and protection. She said whoever dies wearing the scapular will not go to hell. The scapular is a devotion to Mary.