

# Eating disorders

Eating disorders such as anorexia, bulimia, and binge eating disorder include extreme emotions, attitudes and behaviors surrounding weight and food issues.

**Anorexia Nervosa** is a serious, potentially life-threatening eating disorder characterized by self-starvation and excessive weight loss.

**Binge Eating Disorder** (BED) is a type of eating disorder not otherwise specified and is characterized by recurrent binge eating without the regular use of compensatory measures to counter the binge eating.

**Bulimia Nervosa** is a serious, potentially life-threatening eating disorder characterized by a cycle of bingeing and compensatory behaviors such as self-induced vomiting designed to undo or compensate for the effects of binge eating.

## Facts

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