Communion under both kinds the norm in Archdiocese of Baltimore

Q. I'm confused about receiving Communion under both kinds after reading about the Diocese of Phoenix (CR, Sept. 29) and its new Communion norms restricting the cup. Do they apply to the Archdiocese of Baltimore?

A. On December 8, 2010, the Solemnity of the Immaculate Conception, Archbishop Edwin F. O'Brien sent the following (abbreviated here) to all priests of the archdiocese as part of a document on the 3rd edition of the Roman Missal. It remains in effect.

1.