

Advice you can sink your teeth into

The following advice was compiled from mothers at St. Ignatius of Loyola, Ijamsville, who are currently going through the teething process with their children.

- Have plenty of bibs on hand because of excessive drooling
- Have plenty of teethers you can keep cold
- Have a good network of friends with kids
- Give babies safe items to chew on that can put pressure on the gums
- Put frozen fruit into an apparatus where they can chew or suck on it
- Just understand that as soon as the teeth break through, the pain and agony are over
- Turn to resources such as the “What to Expect” series of books