

REMARRIAGE PREPARATION

The Remarriage Preparation Program helps couples take an objective look at some of the issues that can arise in this new relationship, and prepare them to avoid some of the pitfalls. The discussion is around issues that can impact this relationship not about the former spouse.
Not yet available in every parish.

The Remarriage program consists of six two-hour sessions and can be completed in a small group process of three or four couples, or in a parish based format. A trained couple that is also in a remarriage situation leads the program.

PARISH PROGRAMS: Please check with your parish to see if they have Sponsor Couples that are trained to facilitate Remarriage Preparation. The cost is determined by the parish.

The Archdiocese sponsors a limited number of small group remarriage programs throughout the year. Some Archdiocesan Remarriage Couples are also available for one-on-one preparation. The cost is \$75. For availability, please contact the Marriage Preparation and Enrichment Office, 410-547-5417, Cmoore@archbalt.org.

The Remarriage Preparation Program is recommended for couples where one or both have been previously married. It makes no difference whether the previous marriage was in the Catholic Church, ended in death or annulment, was contracted by or with a Catholic, was a short term or long term relationship, or whether a formal annulment is required.

Elements for Remarriage Preparation Programs

REMARRIAGES — Commitment

Contrasting First Union & Remarriages
Acknowledging Good/Bad from the Past
Celebrating Remarriage as a Commitment
FOCCUS Pre-marriage Instrument

COMMUNICATING EFFECTIVELY

Expectations We Bring to Marriage
Communication Skills
Problem Solving/Decision Making

POTENTIAL PROBLEMS — Conflict Resolution

Problems and Challenges
Conflict Resolution
Finances
Career and Work
In-Laws

Former Spouses and Children from previous relationships

INTIMACY — Children/Commitment

Sexuality

Married Sexual Relationship

Family Planning

Children

FAMILY BLENDING — Children

The “Blended” Family

Impact on Your Marriage

Step-Parenting

Facilitating Growing Relationships

TRUSTING GOD — Church

Covenant and Sacrament

Commitment/Cohabitation

Relationship with God

Interfaith Marriage

Marriage Vows